



Happiness @ Work

Hands-on cognitive based workshop, guaranteed to leash-out untapped performance via positive psychology

Is your Staff happy at work? Is negative behavior affecting your operations? Are you keeping them positively engaged? Do you have issues related to teamwork? Is your company performance down? Do you have low staff retention? You see loyalty issues? Have you trained your staff on job satisfaction?

If your answer to any of these questions is YES then you have serious challenge to re-enforce positive psychology among your team. Fortunately Tatweer can **hardwire happiness for lasting performance of your organization.**

Objectives:

- ☑ Using Harvard Business Studies and benchmarked practices, this course will positively reinforce team member happiness, loyalty and commitment. Bonding between team members will strengthen and workflow related issues will resolve with positive and open communication.
- ☑ Workshop forces positive thought process in ultimately generating satisfaction and happiness @ work as well as Life.

Who Should Attend?

This course targets those who are unhappy at their workplace or have the potential of being dissatisfied with their work and work environment. If as top management of the organization or as a line manager you see the need to boost team member(s) commitment, loyalty and team work, this course is the right choice. If you are a team leader seeking ideas for your company to have effective team with highest happiness factor then you are the perfect candidate for this training.

ONSITE OPTION: Bring this training to your premises and receive special discount.

Rate per participant: AED 1875 | Group registration / In-house will be offered at 25% discount

Course Content

- ☑ Measuring Happiness @ Work – The happiness index
- ☑ Correlation between performance, productivity and happiness
- ☑ Factors of Happiness
- ☑ Action Plan to instill positive psychology among team members
- ☑ Hardwiring happiness for long lasting effect in your organization

Course format - workshop with fun filled activities, concept engraving exercises and mocks to learn from most common mistakes

